Ideal Medical Care / Dr Hasan
2 Arkansas Dr, Valley Stream, NY 11580

Name: _____

Note: Please bring this sheet and all your medicines on each visit.

	Glucose Readings								BP	Pulse	
Date	**Before Breakfast	2 hrs after Breakfast	before Lunch	2 hrs after Lunch	2 hrs after Dinner	Bedtime before any snack	3 am in night	INSULIN UNITS			Comments